

Frequently Asked Questions

Does it hurt?

A numbing cream can be applied to increase comfort when receiving a Fractional Mesotherapy treatment. Clients can resume normal activities almost immediately, but may experience some minor redness for a day or two.

Who is it for?

For any person experiencing skin conditions such as: ageing; pigmentation; scarring; acne; enlarged pores or stretch marks.

What results can I see?

Results may be seen even after one treatment. Patients report a firmer, even-toned, more revitalised skin with a visible decrease in the appearance of wrinkles, pigmentation, sun damage, acne, enlarged pores and scarring.

When will I see results?

The first week after the treatment you may get some skin peeling which helps lighten pigmentation or scarring and the skin will look more hydrated. Most clients report a gradual improvement in their skin colour and texture over a 6-8 week period. The improvement is compounded as each consecutive treatment is performed. Homecare is very important to overall result and commitment to rebooking treatments to see best results.

When is fractional mesotherapy not suitable?

- Within 2 weeks of filler or Botox
- Over raised moles, warts or lesions
- During pregnancy (permitted while breastfeeding)
- Some medications (advise your therapist of anything you may be taking)
- Active herpes or acne (once resolved the treatment can go ahead after 2 weeks)

Do I need to prep my skin prior to my treatment?

Yes, we recommend you prep your skin for at least 14 days with Skinstitut cosmeceutical skincare to maximise the benefits at each treatment. Incorporating the following:

- Glycolic Cleanser 12% / L-Lactic Cleanser / Glycolic Scrub 14%
- Even Blend Serum
- Vitamin C 100%
- Retinol / Rejuvenate 15
- Age Defence SPF 50+

What are the side effects of fractional mesotherapy?

Skin needling has been performed worldwide without any recorded incidents. Side effects are minimal, including mild swelling, mild bruising and peeling.

What is the down time?

The inflammatory reaction of the skin is extremely short and fades significantly within hours from the redness to pinkish that may last 12-24 hours on average. Most clients are able to return to work on the same day.

How to get the best results from your treatments

Aftercare

Your Skin Needling Aftercare Pack has everything you need following your in-clinic Fractional mesotherapy treatment. Following your treatment, skin can be a little more fragile, so a low intensity approach is recommended. By incorporating appropriate homecare the skin will respond to its maximum potential after treatment and results will be stabilised more quickly.



5 step homecare regime

To enhance results your therapist will discuss higher intensity homecare options which may assist with collagen production and better prepare the skin for the treatments.

A results-driven 5 step homecare regime will be customised specifically for your skin to move you towards your goal in conjunction with your treatments.

5 steps for results driven skincare



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Fractional Mesotherapy



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What is Fractional Mesotherapy

Fractional Mesotherapy is an advanced skin perfecting treatment that delivers the highest calibre collagen induction therapy to improve skin texture, smooth wrinkles and fine lines while softening scars. This unique process combines micro needling with Mesotherapy (the introduction of various vitamins and complex ingredients to the dermis).

Fractional Mesotherapy is an exciting natural treatment that dramatically increases the quantity, bioavailability and access of topical treatments and further enhances their absorption for cellular nutrition. Whilst we are not directly injecting products into the skin, this minimally invasive process creates micro channels to the dermis for the enhanced delivery of actives where they will have a cell regulating function, thereby improving skin appearance, texture and tone.

Benefits:

- Collagen Induction Therapy for anti-ageing
- Exfoliation
- Increased topical product absorption
- Regulated pigmentation
- Reduced appearance of rosacea
- Reduced size of the appearance of pores
- Reduced size of the appearance of scar tissue
- Reduced appearance of stretch marks
- Increased growth of stronger and thicker hair
- Fast, safe and comfortable treatment
- Minimal downtime, speedy recovery
- Chemical free treatment for all skin types
- Suitable for all areas of the face, neck, décolletage and hands

How the treatment is performed

Fractional Mesotherapy is a non-invasive treatment delivered via the Wireless Tri-M micro needling device. The device uses medical grade stainless steel needles that vertically pierce the skin, working down to the dermis, leaving the outer layer of skin, the epidermis, intact. The electronic device uses a powerful motor allowing the needles to move quickly in and out of the skin.

This creates micro channels in the skin, stimulating the body's natural collagen production while also dramatically increasing the bioavailability of topical treatments and further enhancing their absorption.

Using the Wireless Tri-M Needling Device, this high quality micro needling device has been designed to deliver a fast, safe and comfortable treatment with minimal downtime and speedy recovery. The Wireless Tri-M possesses the worldwide patented silicon membrane, ensuring the safest treatment possible. The retractable needles have precise needle length adjustment down to 0.1mm and up to 2mm, meaning the treatment can be customised for different regions of the face and different skin types to deliver a tailored and results-orientated treatment.

The Wireless Tri-M adheres to high quality and conformity standards as set out by European Conformity (CE), Food & Drug Association (FDA) & Korean Food & Drug Association (KFDA).



Treatments

For optimal results, a course of treatments is required, ranging from 4 – 8 depending on the area being targeted. Treatments are recommended to be performed at 6 – 8 week intervals. Upon consultation your therapist will discuss the appropriate number of treatments and the suitable frequency to deliver the best results.

Recovery

Fractional mesotherapy utilises the high quality and safe device, Wireless Tri-M to ensure a speedy recovery with minimal downtime.

Immediately following in-clinic treatments, the skin may appear temporarily reddened, similar to that of a mild to light sunburn. Whilst some clients have reported that the skin remains red and slightly swollen for 2-4 days, there will be no scabbing or lesions present.

The use of our Needling Aftercare pack will assist with the healing and regenerative process following your treatment.

Results

Improve the appearance of:

- Hair loss or thinning
- Forehead lines/wrinkles
- Frown lines
- Crows feet
- Premature ageing in eye area
- Pigmentation
- Sun damage or age spots
- Acne scars
- Uneven skin tone and texture
- Nasolabial folds
- Smokers lines
- Loss of elasticity (jowls)
- Loss of density

